

From the NRR 2013 seniors

These may not be my words, but it is my favorite quote!!

“Aside from teaching me to row, NRR has given me the strongest support network anyone could ask for. My teammates and I have experienced the highest highs and lowest lows together which have created bonds that no other club or sport club” **Amanda Jenkins**

"Take a look around, this is your family, this is your home. Norwalk will always be home." "No matter what's going in school or at home, there is no better therapy than going out for a row to clear your mind." **Kylie O'Connor**

My advice is "Rowing will push you to your limit and beyond, but you get out what you put in and at the end of the race there's no better feeling than knowing you gave it your all." **Emma Webb**

“Although I have only been rowing for a short time it has changed my life forever.” **Marten Martensson**

“The satisfaction of rowing comes from breaking boundaries. Every rower had that one race that changed the game- that race when suddenly you have it in you, you want to win, and you’re not going down without a fight. When you and your teammates come together and perform a miracle” **Madeleine Apuzzo**.

“Not everyone wins and certainly not everybody wins all the time. But once you get in a boat and push off....you have indeed won far more than those who never tried” **Julia Barr**

“Over the past 4 years Norwalk has become my family. It’s so exciting to see our girls reaching such levels of success. I will never forget Norwalk and can’t wait to see what these girls can do in the future” **Kylie O'Connor**

“As long as I’ve got my suit and tie, I’m leaving it all on the floor tonight. I love rowing.” **Maggie Walsh**

“Champions aren’t born, they are made through the determination to fight through pain and adversity to do what you love” **David Sullivan**

“The vision of a champion is someone who is bent over, drenched in sweat, at the point of exhaustion when no one else is watching.” **Danielle Mahoney**

“I just really love crew, that’s all” **Frank Hogan**

“After a medical emergency, I was asked to be a coxswain. I considered quitting because I never thought I could lead a boat. But through the season I gained confidence, and now my voice is so strong, I often lose it after races. I can’t imagine my high school career without crew” **Caroline Arnold**

“I’d rather die on my feet than live on my knees.” **Stefan Petreski**

“Impossible is just a big word thrown around by small men who find it easier to live in the world they’ve been given than to explore the power they’ve been given to change it” **Emma Webb**