



Norwalk River Rowing Association Parent's Regatta Checklist

Welcome New Parents! If going to your son or daughter's regatta is a new experience for you, we'd like to provide some guidance on what to bring to a regatta. We hope that you will find it helpful.

Be prepared for unpredictable weather. In the spring and fall, anything can happen! You might want to consult the weather before you go to make sure that you are prepared and comfortable for any situation. There's nothing more uncomfortable than sitting on the side of a river freezing to death! Throw in an extra jacket or blanket even if you don't think that you'll need it.

Allow plenty of time to get to the venue and to park. Parking is often off site (think shuttle bus) or a long walk. So be prepared! It's either dusty or muddy so wear appropriate shoes.

- Dress for the weather--this could mean a warm coat and boots--don't forget a hat and gloves—think layers!
- Umbrella and/or rain coat
- Chair—the roll-up kind work well
- Sunscreen
- Hat
- Sunglasses
- Water bottle
- Camera
- NRRA cow bell (you can purchase one at the parent's tent)
- Blanket
- Directions to the regatta
- \$10 per person for meals/snacks at the parent's tent
- Binoculars (nice to have)

Sometimes there are booths are set up with regatta-related items (tee shirts, sweatshirts, etc.) for purchase. There is usually a tee shirt, hoodie and other items made especially for the event.