

IN CONSIDERATION of being given the opportunity to participate in any NORWALK RIVER ROWING ASSOCIATION ("NRRA") activities until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

- 1. I ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
- 2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, drowning, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Release names below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
- 3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and/or USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
- 4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, NRRA, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's exliability, damage, or cost which any may incur as a result of such claim.	openses, attorney fees, loss,	
Swimming StatementI certify that is a competent swimmer and has passed basic so the American Red Cross,YMCA or other organization.	wimming proficiency tests given by	
Photo Release I, hereby grant Norwalk River Rowing Association (NRRA) perm	nission to use my likeness/my child's	
I,, hereby grant Norwalk River Rowing Association (NRRA) perm likeness in photograph(s)/video in any and all of its publications and in any and all other media, whexisting, controlled by NRRA, in perpetuity, and for other use by NRRA. I will make no monetary of use of the photograph(s)/video.	its publications and in any and all other media, whether now known or hereafter or other use by NRRA. I will make no monetary or other claim against NRRA for the	
I have read this agreement, fully understand its terms, understand that have given up subsisted it freely and without any inducement or assurance of any nature and intend it be a cof all liability to the greatest extent allowed by law and agree that if any portion of this agree balance, notwithstanding, shall continue in full force and effect.	complete and unconditional release	
Printed Name of Participant:	Date:	
Address:	Phone:	
Signature (only if age 18 or over):		
PARENTAL CONSENT AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the and believe the minor to be qualified to participate in such activity. I hereby release, discharge, co INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, the minor's account caused or alleged to be caused in whole or part by the operations, and further the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, INDED HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability the result of any such claim.	venant not to sue, and AGREE TO demands, losses, or damages on r agree that if, despite this release, I, WILL INDEMNIFY, SAVE, AND	
Printed Name of Parent/Guardian:	Date:	
Address:	Phone:	
Parent/Guardian Signature (only if participant is under the age of 18):		

Release of Liability

IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/15 – 12/31/16, I, for myself, my personal representatives, assigns, heirs, and next of kin.

- 1. I ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
- 2. I FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury,

including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Release named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND

ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

- 3. I AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
- I HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

PLEASE DO NOT CHANGE OR ALTER THE WORDING ON THIS WAIVER WITHOUT PRIOR APPROVAL FROM USROWING



I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant:

USRowing #	Date of Birth:	
Address:		
City:		
Phone:	Date:	
Participant's Signature:		
Organization:		

PARENTAL CONSENT (if participant is under the age of 18).

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian: Address: City______ State ____ Zip____ Phone: _____ Date: Parent/Guardian Signature (only if participant is under the age of 18):

This is THE USRowing Release of Liability, which should be copied for your use.